

# METRO PARKS – TACOMA

## Adult Volleyball Rules

2009

### ARTICLE I – Player Requirements

**Section 1** – All players must be 18 years of age, or a graduating high school senior.

### ARTICLE II – Roster Requirements

**Section 1** – All players must be listed on the team roster. Teams who fail to submit rosters and appropriate player fees prior to the first league game will forfeit all league games until rosters and fees are received in the league office. If rosters and player fees are not received prior to a team's 3<sup>rd</sup> game, that team may be dropped from further competition.

**Section 2** – Rosters are limited to 16 players, including a player-coach.

**Section 3** – Players may be added to a team roster at anytime during the season by submitting a Roster Add Form with appropriate fees.

### ARTICLE III – Schedules and League Play

**Section 1** – Each team will be scheduled for two matches a night, one night per week.

**Section 2** – Each match shall consist of 3 games. One point will be awarded for each game won. Total points earned shall determine the league champion.

**Section 3** – Each game shall be played to 21 points using rally scoring. (All balls to the floor count as a point. Teams need not serve to score.) A team must win by 2 points. There is no cap on scoring.

**Section 4** – Teams may start and/or finish each game with a minimum of 2 players. *Co-ed teams may have any combination of men and women, but may not exceed three men on the court at any time. There must be at least one woman and one man on the court at all times. (Exception: Three men and only one woman will not be allowed. This is considered an advantage.)*

**Rotations:** If two are playing, both may play front row. If three, the server must stay back row. If four, two must stay back row.)

- A. If a team starts short handed, additional player(s) must enter into a back row position, (LB/CB) so that teams may not have an unfair advantage over the opposing team.

**Section 5** – If a team does not have 2 people present to start at games time, that team will forfeit their first game of the match. If a team is not ready to play within 15 minutes of the starting time, the entire match will be forfeited.

**Section 6** – Once a form of player substitution has been established in a game, a team must continue to use that form of substitution for the entire game. Teams may alter the form of substitution from game to game. Forms of substitutions that may be used are:

- A. Substitution may be made by players rotating into the lineup in position 6 (CB). Substitutes may enter upon their team winning a side out.
- B. Substitution may be made by using NAGWS rules. Players reentering the game must assume their original position in the serving order.

**Section 7** – No cross court practice will be allowed while other matches are in progress.

**Section 8** – *Co-ed play:*

- A. *Players must alternate man–woman at all times except when an odd number of players are present.*
- B. *If two or more hits are taken, one must be by a woman.*
- C. *If fewer than 2 men are in front-row positions, a man from the back row may not join in on a block.*

## ARTICLE IV – Protests

**Section 1** – Protests on player eligibility must be made during the match to the referee and gym supervisor. The accused player must present a valid driver’s license or photo I.D. to the gym supervisor/referee upon request. Failure to comply will cause the games in which the accused player participated to be forfeited immediately.

- A. Once the accused player has presented proper identification; the name shall be recorded on the score sheet and verified by the referee’s signature.
- B. Teams shall resume play once the player’s identity has been recorded. *(Player must leave game if ID is not readily available, and game shall resume. Player may re-enter once ID is produced.)*
- C. A player eligibility protest must be filed to the Athletics Office within 48 hours. (Refer to the Adult Sports Rule Book for proper procedures to follow.)

## ARTICLE V – Miscellaneous Information

**Section 1** - The NAGWS Rule Book will govern all league play, with the exception of those rules specifically stated in the Metro Parks league and general rules.

**Section 2** – Net height for women’s leagues shall be 7’4”. Net height for men’s and co-ed leagues shall be 8’. *(Note: Systems for rec leagues may not always be exact)*

**Section 3** – Match results will be reported to the league office by the gym supervisor.

**Section 4** – Game balls are not provided by Metro Parks Tacoma. Each team shall provide a suitable game ball and the referee shall determine which ball will be used.

**Section 5** – Gym Closures: If Tacoma Schools close or dismiss early due weather or other emergency; all Metro Parks activities are cancelled. If schools are open on game day, games will be played as scheduled. On very questionable weather days, please call 305-1075 for a pre-recorded message.

**Section 6** - Children attending matches must be supervised by a parent or other adult. Matches may be stopped for parents to deal with unsupervised children. Excessive delay may result in forfeiture of that game. *(We strongly suggest not bringing children to adult match play for both safety and supervisory reasons. There are no areas or activities to occupy their time.)*

## ARTICLE VI – Officials

**Section 1** – Officials for all matches will be assigned by the Tacoma – Pierce County Volleyball Officials Association.

**Section 2** – In the event an official does not appear, the match may be declared a no-contest, and may be rescheduled. However, if the two teams involved agree on a suitable official, or agree to play using honor calls, the match may be played and the outcome will be counted as an official game.

**Section 3** – Complaints against an official must be lodged in writing to the Tacoma Pierce Co. Volleyball Officials Association through the Metro Parks Athletics Office. Verbal complaints will not be recognized.

**Section 4** – Metro Parks Athletics Department is not responsible for the quality or the assigning of officials.