

Active Lifestyles and Community Wellness Council
September 22, 2016 Meeting Minutes

I. Roll Call

Present:

Council Members Emily Russell, Steve Wells, Will Niemann-Ross, Meagan Kula, Brian Looper, Jennifer Wynkoop, Michael LaFreniere, J. Preston Childs and William Privett.

Staff: Commissioner Reed, Bob Houston, Jeremy Woolley

II. Review and Acceptance of Previous Minutes

The minutes for the July, 2016 meeting were reviewed and accepted.

III. Program and Facilities Updates

A. Summer Day Camps have had record participation. Titlow has maxed out each of the last 2 weeks.

B. Preparations are underway for runs at Point Defiance, and with ongoing construction projects, parking and traffic management are concerns.

C. Commissioner Reid reported on the recent Board retreat. Their agenda included updates on the many capital projects now underway and consideration for fully funding county-wide special needs programs. Council discussion included suggesting a partnership with Special Olympics. Commissioner Reid updated us on Jack Wilson's retirement and the transition to Shon Sylvia as Acting Executive Director. Council members asked about the Board's response to our letter regarding Safe Access to parks. Reid advised us to be patient while assuring us that all parties are fully supportive of the concept. Council discussion also addressed possible interest by MPT on a surplus Tacoma Public Utilities substation on 21st. There will be significant remediation costs as well as ongoing M&O costs that are significant hurdles.

IV. Programs Update

A. Healthy Food Policy: Bob reported that all food trucks are obligated to comply with Healthy Food standards, including offering 20% healthy menu options. Also, concession lease agreements require compliance. Concessioners are concerned about the amount of food waste associated with lack of demand for the required menu choices.

B. Elementary After School Sports: teams are active in 35 schools, among which 25 are staffed by MPT. This is up from 21 schools last year. There are 66 teams registered in the program (44 through MPT). The program challenge is to identify coaches, and Bob is working with parents and principals to find volunteers. A second challenge has been administering the needed cardiac and concussion releases, since those releases cannot be handled online. This prompted a question from the Council if the in-person requirement limits participation from southern and eastern neighborhoods. In response, we learned that participation varies from school to school and is very dependent on the support of the principal.

V. People's Pool

A. Jeremy described the features of the new pool in anticipation of the opening celebration. He acknowledged the very positive working relationship among MPT, City and construction staff. He reported that MPT has installed a new roof in the building, though the building remains in City ownership. The projected life of the windows is 15-20 years, while the remainder of the structure should function well for 40-50 years with proper maintenance. MPT staff handles programming and admin functions.

VI. Good of the Order

A. The All Council meeting will serve as our October meeting.

B. Next Meeting: Thursday November 17 at 6:30 in Main Conference Rm. (note date change)

C. A December meeting is TBD.

VII. Adjournment