10k Route

1. Start at the first crosswalk after entering the gate to the 5 mile loop. The start line is even with the pedestrian sign at the crosswalk and is located between Fire Hydrant #23 & #22
2. Complete one full counter-clockwise loop back to start line (blue line)
3. Loop includes a u-turn at point #3 marked on map with TA. Turnaround (TA) is EVEN with Fire Hydrant #47 located near pedestrian crossing
4. After reaching start line again continue around the loop counter-clockwise a second time (red line)
5. Turn left onto Narrows Cutoff Dr. (an unmarked dirt road which is closed to traffic)
6. Finish loop including u-turn at point #3
7. Instead of turning left to head back toward start line proceed down to Owen Beach

Note: See Owen Beach 10k close-up for detailed view of steps 8 - 11.
8. Go between two handicap signs and make a immediate right on sidewalk then left on sidewalk and right onto Promenade.
9. Follow promenade towards Boathouse
10. Make a u-turn at point #10 (also marked on map with TA) on west end of Promenade 49 Meters (or 160 feet) west of park bench dedicated to Judith Ann Peeper.
11. Finish line is EVEN with the NE corner of the Picnic Shelter on the Promenade.

CM = Course Marshal  PO = Police Officer  TA = Turnaround
R = Restrooms
○ = Handicap Parking Signs
= Run/Walk Route

Run/Walk lane to Owen Beach must be separated from traffic with cones.