5k Route

1. Start at the first crosswalk after entering the gate to the five mile loop. The start line is even with the pedestrian sign at the crosswalk and is located between Fire Hydrant #23 & #22
2. Take Narrows Cutoff Dr (an unmarked dirt road which is closed to traffic)
3. Turn right after coming out of Narrows Cutoff Dr. and loop clockwise back past START line
4. Turn left at Outer Loop gate
5. Proceed down to Owen Beach

Note: See Owen Beach close-up for detailed view of steps 6 and 7.
6. Course goes between the two “handicap only” parking signs
7. The finish is EVEN with the NE corner of the Picnic Shelter on the Promenade

CM = Course Marshal  PO = Police Officer
5K, 8K OWEN BEACH CLOSE-UP

R = Restrooms
● = Handicap Parking Signs
= Run/Walk Route

Run/Walk lane to Owen Beach must be separated from traffic with cones